

PRESCHOOL DAILY SCHEDULE

7:00-8:00 Greet families/ Family grouping

8:00-9:00 Morning snack/ Free play/ Sensory/ Art

9:00-9:30 Circle time/ Story time/ Math activities/ Language activities

9:30-10:00 Washroom/ Diaper change routine/ Get ready for outdoor play

10:00-11:00 Outdoor Play time

11:00-11:15 Undress from outdoors/ Hand hygiene routine

11:15-11:45 Lunchtime

11:45-12:00 Washroom/ Diaper change routine

12:00-2:00 Quiet time/ Rest/ Relaxation

2:00-2:30 Washroom/ Diaper change routine/ Hand hygiene routine

2:30-3:45 Afternoon snack/ Circle time/ Story time/ Math activities/ Language
Activities/ Sensory/ Art

3:45-4:00 Get ready for outdoor play/ Washroom routine

4:00-5:00 Outdoor Play time

5:00-6:00 Family Grouping/ Free play time/ Departure Time

6:00 Centre Closed